

## Beach Canada Games Teams Picked

The beach volleyball teams for Canada Games have made their final rosters. Summerside will host the Beach Volleyball at the four newly built sand courts.

The male team will be lead by head coach Jeff Rand who was an athlete during the Canada Games in 2001, the only other time beach volleyball was ran. The team will be made of Brian Hansen from Northport, last beach season Hansen played with Rand and won the Maritime Open and the Division two National Championship in Toronto. His partner will be Andrew Costa, from Summerside, who will be one of the few athletes taking part in both weeks of the games as

he is a setter with the indoor team. With this only being the second time for Beach Volleyball in Canada Games history and the pool draw the men are expected to finish strong.

On the women's side Lindsey Theuerkauf and Alana Murphy have paired up to compete together on the beach. At the 2005 Canada Games in Regina they were teammates with the indoor team which was coached by Lynn Boudreau. Boudreau, has also made the move to the sand for this set of games. Theuerkauf is a Cornwall native who made the change to beach in the summer 2007. Last summer at Nationals Theuerkauf played

with Katirina Clow and they finished 9th in the country out of 24. Alana Murphy, from Monatague is a three time Volleyball PEI female athlete of the year who excels both on the beach and indoor. The team is looking at finishing in the top 5 for this set of games.



Brian and Jeff receiving their medals.

## Indoor Volleyball Events

### Summer Provincial Teams

Girls and Boys 16U – Born in 1993

Girls 17U – Born in 1992

Boys 18U – Born in 1991

See article page 2

### Seaside Volleyball Camp

Junior Camp- July 2 & 3

Senior Camp- July 6-10

For Information call 853-2554

### UPEI Volleyball Camp

One camp only July 6-10

Call 566-0305 or panthercamps@upeii.ca

### Pre Canada Games Men's Tournament

July 25 @ UPEI

## Beach Volleyball Events

### July 11 PEI Youth Doubles Beach Volleyball Tournament Summerside 14U/16U/18U

Male and female Doubles \$50 per team

To Register Contact Lynn Boudreau 566-0991

### Cavendish Beach Volleyball July 25th

doubles and quads in youth and senior divisions.

Youth 14U/16U/18U

To register contact Lynn Boudreau at 566-0991.

### NB Youth Tour #2 Parlee Beach

June 27 14U/18U/24U and June 28 16U/21U

Aug 2-3 14U/16U/18U/21U

To register visit vnb.nb.ca

**You need only be a VPEI Member to register.** In

order to play in the Maritime Open Aug 8&9 you must play in one tournament in NB and one in PEI

## VPEI Beach Volleyball Leagues & Camps

### Women's Beach League

June 1 - August 10, 2009

Every Monday night from 6pm to 8:30pm or until pool play is complete.

Volleyball PEI Players cost will be \$60 per player for the summer, non Volleyball PEI members will be \$75.

### Youth Camp / League

**Who:** male and female players born in 1993-1996

Need at least 10 & 20 athletes max

**When:** Wednesday nights @ UPEI Sand Courts Start Date June 24

**Time:** 4:30 pm to 6:30pm

**Cost:** \$50

**Sessions:** The first hour will be

drills the second hour will be playing. Coaches will be Lynn Boudreau TD with VPEI along with CG athletes.

For more information or to register contact Lynn Boudreau at 566-0991 or email lboudreau@upeica

## Summer Provincial team

VPEI will be running summer Provincial Teams, the ages for this event will be 16U/17U female and 17U/18U male, younger players are more than welcome to try out.

Try out dates will be June 20 & 21

Cost \$20 per player to try out over two days.

Saturday at SIS0

9:00 to 9:15 Registration for all players

9:15 Introduction and Information

9:30- 12 Drills and Skills

1:00 -3:00 Testing and Drills

Coaches are needed to help with the sessions.

Sunday June 21

9am to 11am Girls Only

12 pm to 2pm Boys Only

Teams will train during the day (9am to 3pm) once a week and travel to the Eastern Elites in Moncton on July 31 & August 1.

Cost per athlete \$350 includes:

- Transportation to and from

Moncton for Elites

- Registration Fee per team

- Accommodations in Moncton – meals are responsibility of athlete

- Quality coaching training, physical training, etc.

- VPEI T-shirt

- VPEI Jacket

- VPEI Uniform use

contact Lynn Boudreau ASAP at 566-0991 or email lboudreau@upeica.

## Drill of the Month - Greed

Objective

Teach team concept and attitude of doing their best to win every point and get every ball.

Drill Organization

Two teams of six players. Each team starts with same number of balls. Each team serves two ball at a time, alternating sides, then rotating. The team that wins the rally gets to keep the ball. The team that finishes with the most balls wins.

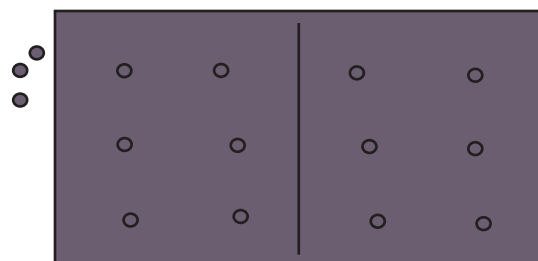
Success Criteria

Play for a set amount of time or until one teams runs out of balls to serve

Reference Points

Push them to win every points as they get to keep that ball.

*Equal number of balls at end of courts to begin, the drill*



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